

APPENDIX B:

Referral Handout

This handout can be individualized to an agency or parent by adding specific names of agencies and phone numbers.

Early Intervention Services	Regional Center: Early Start Program Provides services for children birth to age 3 with a significant delay, established risk or at high risk due to biomedical risk factors.	Phone Number Agency Name
	Early Start Family Resource Centers (FRCs) Provide free information, resources, referrals, parent training and education, and parent-to-parent/caregiver emotional support for families of infants and toddlers from birth to age 3 who are part of the Early Start Program (Some centers provide information for all ages).	Phone Number Agency Name
Childcare, Early Education and Special Education	Early Head Start/Head Start Programs Provide educational, health and social services to low-income children and children birth to age 5 with an Individual Family Service Plan or an Individualized Educational Program.	Phone Number Agency Name
	Special Education Services Provide educational services and designed instruction, at no cost to parents, to meet the unique needs of the child (ages 3-21).	Phone Number Agency Name
	Resource and Referral Agency (R&R) Provides free services to help parents find childcare that best fits the family needs. (This may include referrals to Head Start and/or Early Head Start if family meets income eligibility requirements or child has an Individual Family Service Plan or Individualized Educational Program.)	Phone Number Agency Name
	Special Education Support Services Help families navigate services, provided through local public schools, for students with special needs (ages 3-21).	Phone Number Agency Name
Mental Health Services	Mental Health Services Provide mental health services for children birth-5 and their families.	Phone Number Agency Name
	Los Angeles County Department of Mental Health Birth to 5 Representatives Answer questions about available services and programs and assist families with making referrals and linkages.	Phone Number Agency Name
Other Family Supports	Office of Clients Rights Advocacy (OCRA) Provides advocacy and legal services to consumers of all 21 regional centers throughout California. A Clients' Rights Advocate (CRA) is designated for each regional center catchment area. The CRA helps with legal problems, conducts trainings and investigates denials of rights.	Phone Number Agency Name
	Ethnic-focused Parent Education, Support and Advocacy Organizations Assist families experiencing barriers to accessing mainstream service systems and parent education and support groups. A number of parent organizations have emerged focusing on the needs of specific racial, ethnic and linguistically diverse families.	Phone Number Agency Name
	211 LA County Provides information about accessing health and human services programs throughout Los Angeles County 24/7.	2-1-1
	WIC - Women's, Infants & Children's Supplemental Food Program Provides breastfeeding and nutrition education and food vouchers to low-income pregnant or nursing women, infants, and children (birth to age 5).	Phone Number Agency Name

