

## Building Stronger Families by Building Stronger Communities



[First5LA.org/BestStart](http://First5LA.org/BestStart)

## What is Best Start?



Through *Best Start*, First 5 LA is using a place-based approach to build a family-centered movement. The most important part of this process is that parents and caregivers, residents and community-based organizations strengthen skills and build connections to tackle issues affecting the children and families in their community.

Research shows that families do better when they live in strong, supportive communities. *Best Start* is about strengthening communities: parents, residents, organizations, businesses, and other stakeholders to collectively build a vision and develop strategies to strengthen families and the communities where they live.

***Best Start* is an investment of First 5 LA, a leading early childhood advocate working in partnership with others to strengthen families, communities and systems of services and supports so that all children in L.A. County enter kindergarten ready to succeed in school and life.**

### **Best Start Communities Across L.A. County**

- Central Long Beach
- Compton-East Compton
- East Los Angeles
- Lancaster
- Metro LA
- Northeast Valley Communities
- Palmdale
- Panorama City & Neighbors
- South El Monte/El Monte
- South Los Angeles/Broadway-Manchester
- South Los Angeles/West Athens
- Southeast LA County Cities
- Watts-Willowbrook
- Wilmington

## How Does Best Start Work?

A key component of *Best Start* is community capacity building, which provides the space for parents and caregivers, to strengthen their abilities to advocate for themselves and their communities.

Through the *Best Start* Community Partnership, members contribute their ideas, share their experiences and connect with others so that together they can take action and be a voice for change.

### **The *Best Start* community partnership works together to:**

- Prioritize early child care and education, clean places and spaces and early childhood health
- Learn about issues affecting young children and their families and develop strategies and solutions
- Connect families to each other and to local services and resources
- Educate and support the broader community

## How Can I Get Involved?



### **Everyone can play a role in ensuring our children have the *Best Start* in life!**

Learn more by attending a *Best Start* Community Partnership meeting in your area. Meetings are open to the public and designed to support family involvement.

Please join us and make your voice heard. Together we can make our communities stronger and ensure that children are ready to succeed in school and life.

To find out more and to see if you live in a *Best Start* community, visit [First5LA.org/BestStart](http://First5LA.org/BestStart)



建设更强大的社区，  
从建设更强大的家庭  
开始

## Best Start 是什么？



通过 Best Start, First 5 LA 利用基于地点的方法创建以家庭为中心的运动。此过程中最重要的部分是父母、护理人员、居民和基于社区的组织加强技巧并建立联系，来应对所在社区中影响儿童和家庭的事务。

研究显示，在强大、提供支持的社区中，家庭的发展也会更成功。Best Start 旨在让社区更强大：父母、居民、组织、公司和其他利益相关方共同构筑未来、构建战略，来让他们生活的家庭和社区变得更强大。

## Best Start 如何工作？

Best Start 的一大关键元素是社区能力建设，为父母和护理人员提供了空间，来加强他们自我支持和支持社区的能力。

通过 Best Start 社区的伙伴关系，成员们建言献策，分享经验并与其他人联系，以便共同采取行动，为变革发声。

Best Start 社区伙伴关系共同努力为了：

- 突出早期儿童护理和教育、清洁的环境和空间以及早期儿童健康的重要性
- 了解对幼小儿童及其家庭有影响的事务，构建策略和解决方案。
- 让家庭与当地服务和资源互相联系
- 教育和支持更广大的社群

## 我如何参与



Best Start 是领先儿童早期教育倡导者 First 5 LA 投资的项目，与其他各方合作来加强家庭、社区和服务体系，让洛杉矶县所有的学龄前儿童在幼儿园阶段，为学校和生活做好准备。

为了我们的孩子在生活中有最好的开始，每个人都可以作出贡献！

通过参与 Best Start 社区合作伙伴会议，了解更多。会议对社会开放，支持家庭的参与。

请加入我们，公开发出你的声音。我们可以一起让社区变得更强大，保证孩子们能为在学校和未来生活中成功做好准备。

欲知更多详情，以及确认你是否身处 Best Start 社区，请访问网站 [First5LA.org/BestStart](http://First5LA.org/BestStart)

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