Socioemotional Development and Regulation: Building the Right House
Ruth P. Newton, Ph.D.

Friday, November 20, 2009
8:00 a.m.-5:00 p.m.
Los Angeles Child Guidance Clinic
3787 S. Vermont Avenue, Los Angeles, CA 90007

FEE: $59** $15 for CEU
(6 CEUs available for psychologists, LCSW & LMFT)
(Parking available in lot across the street for $8 per vehicle)

Dr. Newton is a licensed clinical psychologist specialized in the use of attachment and affect regulation theories in interventions from birth through adulthood. She was a post-doctoral fellow in the Department of Psychiatry at UCSD and is an Advisory Board Member for UCSD’s Attachment Institute. Dr. Newton trains and supervises master and doctoral level interns in attachment and affect regulation theories and interventions at St. Vincent de Paul Village. She has been in the Allan Schore Los Angeles Study Group for Affective Neurobiology since 2004. Dr. Newton has also trained with Allen Sroufe, Ph.D. and Elizabeth Carlson, Ph.D., University of Minnesota, Child Development Institute; and Mary Main, Ph.D., Erik Hesse, Ph.D., Nancy Kaplan, Ph.D., and Sonia Gojman, M.D., University of California, Berkeley on measures of attachment for children and adults. She is the author of The Attachment Connection designed to help parents raise secure, emotionally regulated children and the founder and director of the Newton Center for Affect Regulation that specializes in Regulation Therapy for all ages.

PLEASE PRINT CLEARLY:
Receiving Continuing Education Credits: ____YES ____NO

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Please make checks payable to Los Angeles Child Guidance Clinic and mail the registration and payment to:

Los Angeles Child Guidance Clinic
Attn: Quinn Urich
3031 S. Vermont Avenue
Los Angeles, CA 90007
Fax: (323) 373-2442 Phone: (323) 766-2360 x3259 E-mail: QuinnU@lacgc.org

** $10 administration fee will be charged for cancellation, which must be submitted in writing one week prior to the training.
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Overview
This intermediate 6-hour training will present material on the relationship between the attachment categories (secure, avoidant, ambivalent, and disorganized) and the biological entrainment of the autonomic nervous system occurring through lived experience in early parent/child relationships. The neurobiology of attachment and affect regulation as the dynamic base from which all future development emerges will be presented as the prime-most focus for birth to 5 interventions. Through the use of video, participants will learn how to see and use attachment impressions to formulate intervention strategies for the probable coping ranges set into the autonomic nervous system based upon secure, insecure, and disorganized attachment relationships. Case material and clinical applications used to address 1) attunement and 2) scaffolding of the developmental tasks for infants, toddlers, and preschoolers within a family system will be presented to help participants focus on the dynamic nature of development and the interventions needed to support socioemotional security during these critical developmental periods.

Learning Objectives
At the completion of this training, participants will be able to:

♦ Know the differences in behavior and emotional regulation for secure, insecure-avoidant, insecure-ambivalent, and insecure-disorganized attachment strategies.

♦ Conceptualize the biological and environmental purpose of each attachment strategy.

♦ Conceptualize early interventions that increase caregiver awareness of instinct, attunement, regulation routines, and scaffolding the developmental tasks of infants, toddlers, and preschoolers.

Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>8:00-8:30</td>
<td>Registration and breakfast treats</td>
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<tr>
<td>8:30 – 9:15</td>
<td>Introduction to workshop schedule</td>
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<tr>
<td>9:15 – 10:30</td>
<td>Developmental tasks of infants, toddlers, and preschoolers and the attachment categories. The impact of attachment on the autonomic nervous system, wiring the right hemisphere, and developmental trauma, complex trauma</td>
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<td>10:30 – 10:45</td>
<td>Break</td>
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<tr>
<td>10:45 – 12:00</td>
<td>Secure attachment, emotional regulation, and development.; How to see signs of secure attachment in an interview. Video</td>
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<tr>
<td>12:00 – 1:00</td>
<td>Lunch</td>
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<tr>
<td>1:00 – 2:15</td>
<td>Insecure avoidant attachment, emotional regulation, and development. How to see signs of avoidant attachment in an interview. Video</td>
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<td>Insecure ambivalent attachment, emotional regulation, and development. How to see signs of ambivalent attachment in an interview. Video</td>
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<td></td>
<td>Disorganized attachment, emotional regulation, and development. How to see signs of disorganized attachment in an interview. Video</td>
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<td>2:15 – 3:00</td>
<td>Break</td>
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<tr>
<td>3:00 – 4:30</td>
<td>Early Interventions focusing on caregiver instinct, attunement, regulations routines, and scaffolding developmental tasks.</td>
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<tr>
<td>4:30-5</td>
<td>Book Sales</td>
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Continuing Education: This training meets the qualifications for 6 hours of continuing education for licensed psychologists, licensed marriage and family therapists, and licensed clinical social workers as required by the California Board of Behavioral Sciences and the California Board of Psychology. If you arrive past 8:00 am or leave early, no CE credits will be given. The Los Angeles Child Guidance Clinic approved by the American Psychological Association to sponsor continuing education for psychologists (CE provider #PCE3929). The Los Angeles Child Guidance Clinic is the sponsor of this program and maintains responsibility for this program and its content.

Please e-mail Jacquelyn Christensen, jacquelync@lacgc.org if you have any questions regarding CE or need special assistance regarding the training.