**What is Help Me Grow?**

*Help Me Grow (HMG)* is a system that connects children at risk for developmental or behavioral challenges with the services they need.

Through comprehensive physician and community outreach as well as centralized information, coordination of services and referrals, families are linked with programs and services they need. Ongoing data collection and analysis help identify gaps in and barriers to the system.

**The Impact of Help Me Grow**

Every *Help Me Grow* system is developed locally and builds collaboration across sectors, including child health care, early care and education, and family support.

*Help Me Grow* builds on existing services to create a system that improves access to local resources and services for children and their families.
**Help Me Grow is:** Community Outreach

Encourages the use of Help Me Grow to build bridges and connections between families, health care providers, and community-based service providers.

HMG’s strong community presence encourages support for and participation in an improved system of care and increases awareness about the importance of early screening and connection to services.

---

**Help Me Grow is:** Health Care Provider Outreach

Supports early detection and intervention through education, training and support.

Targeted child health care provider outreach and trainings serve to educate and provide helpful tools to physicians and other child health care providers. HMG trains health care providers to help families access the HMG system. The system facilitates greater cross-sector collaboration between health care providers and other agencies focused on the issues of developmental screening, monitoring and connection to services.

---

**Help Me Grow is:** Centralized Access

Connects children and their families to vital services and makes it easier to access information about screenings and referrals to services.

This is the “go-to” place for family members, health care providers, and other professionals seeking information, support and referrals for children who are experiencing or may be at risk for developmental delay. Help Me Grow connects families through a variety of platforms, including phone and web-based systems.

---

**Help Me Grow is:** Data Collection

Promotes a deeper understanding of the needs of L.A.’s families, as well as the different aspects of the Help Me Grow system.

Help Me Grow’s focus on data collection supports the development of an effective system of care, inform quality improvement efforts and capture system strengths as well as system-level issues.

The data collected is shared with stakeholders, policy makers and key decision makers to help guide their thinking around service delivery and to demonstrate how to best use resources to promote optimal child development.