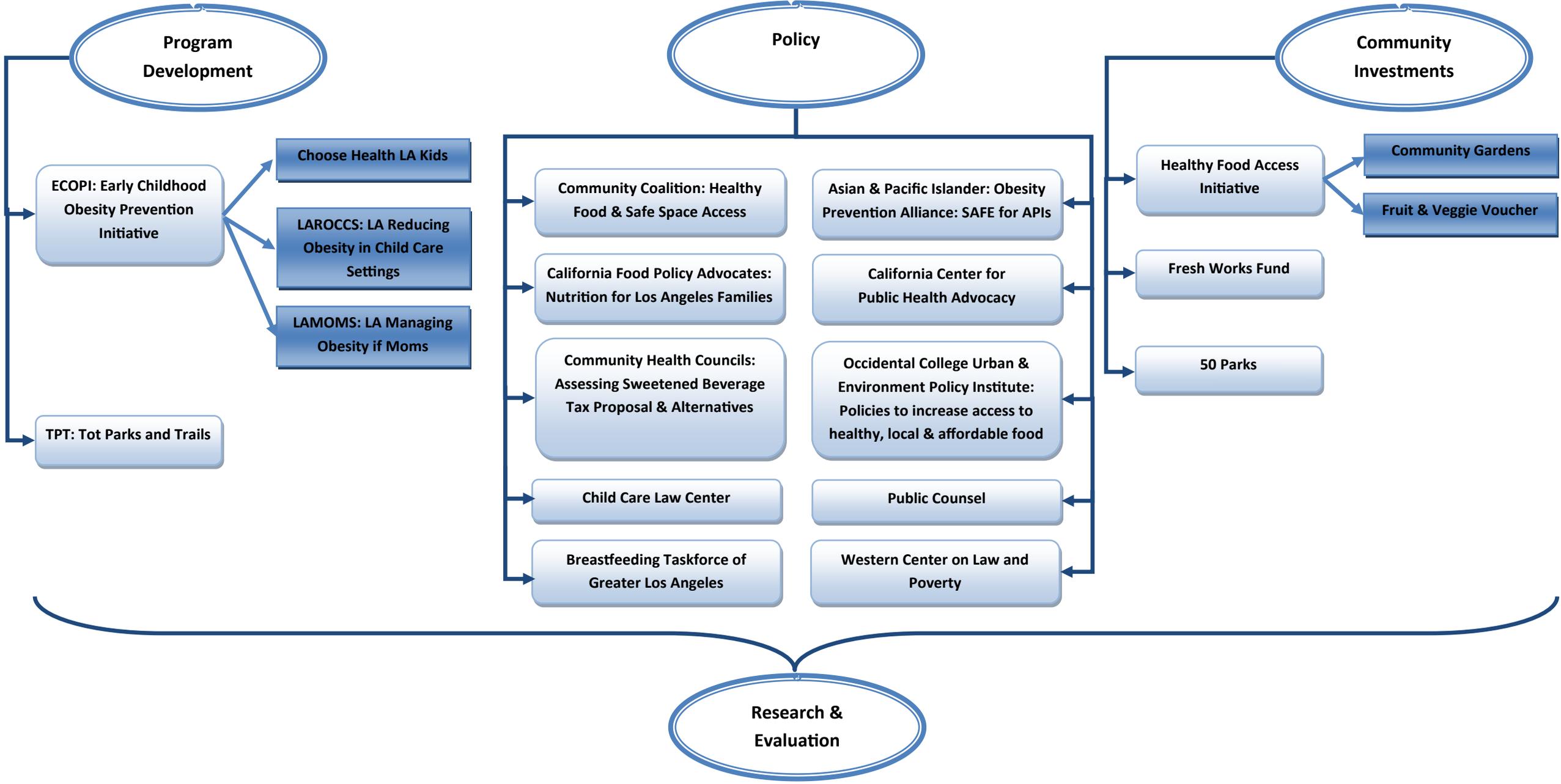


Appendix A. First 5 LA Projects Related to Childhood Obesity Prevention



| Department | Project | | Description |
|-----------------------|----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Program Development | ECOPI: Early Childhood Obesity Prevention Initiative | <i>Choose Health LA Kids</i> | Media outreach, Restaurant Recognition, Work with Clinicians, and policy aspect to promote healthy lifestyles |
| | | <i>LAROCCS: LA Reducing Obesity in Child Care Settings</i> | Increase the number of child care center with nutrition and physical activity policies; improve nutrition and physical activity practices in child care; improve child care providers' communication on nutrition and physical activity related policies with parents. |
| | | <i>LAMOMS: LA Managing Obesity in Moms</i> | Provide guidance on nutrition, physical activity, and stress reduction, in particular for breastfeeding moms and those who had a surgical or complicated vaginal delivery with a goal of reducing obesity among postpartum women in LA County. |
| | TPT: Tot Parks and Trails | Upgrade, develop, or enhance toddler playground facilities targeting park-deficient communities across the County and develop ADA compliant, developmentally appropriate play spaces for children ages 2-5. | |
| Policy | Community Coalition : Healthy Food & Safe Space Access | | Community informed policy for fresh fruit and vegetable availability in King Estates neighborhood. |
| | Asian and Pacific Islander Obesity Prevention Alliance: SAFE for APIs | | Improve physical environment and programming at parks used by API communities; safe walk paths, stop signs, etc. |
| | California Food Policy Advocates: Nutrition for Los Angeles Families | | Increase number of 0-5 year olds enrolled in the Cal Fresh program in LA County by enhancing enrollment procedures for applicants not applying at an office in person; by guaranteeing Medi-Cal and Healthy Families recipient are enrolled in Cal Fresh; and by utilizing ECE facilities as enrollment points for Cal Fresh. |
| | Community Health Councils: Assessing Sweetened Beverage Tax Proposal and Alternatives | | Examine policy avenues for reducing sugar sweetened beverages consumption among communities of color in LA County. They will utilize four strategies-1) Conduct a health impact assessment—2) explore policy strategies—3) develop policy recommendations to advance issue—4) Inform and mobilize community stakeholders in support of policy adoption. |
| | Occidental College Urban and Environment Policy Institute: Policies to increase access to healthy, local & affordable food | | Develop a policy, advocacy and educational project aimed at substantially increasing the availability of locally grown and affordable fruits and vegetables at multiple access points for low-income preschool aged children and their families. This will be done through policies that encourage mobile healthy food options; WIC vouchers at farmer's markets and programs that encourage healthy eating in early childhood education settings. |
| | California Center for Public Health Advocacy | | The Center works with cities in LA County that recently passed nutrition standards, due to previous leadership by the Center, to reinforce and properly implement those standards. In addition they replicate their efforts to pass similar nutrition standards in additional target cities in the County. |
| | Public Counsel | | Conduct research, develop recommendations, and disseminate those recommendations to policymakers in the Southeast LA County Cities on zoning and land use policies that promote access to child care and child friendly green space. Advocate for changes to zoning regulations and general plans in those cities to make it easier for child care facilities and green space to be developed and located in the Southeast LA County Cities. |
| | Western Center on Law and Poverty | | Western Center will be working on simplifying regulations to 1) increase access to Cal Fresh for 0-5 year olds and 2) make it easier for families with young children to enroll in public health insurance plans and utilize the new health care exchange. |
| | Child Care Law Center | | Advocate to 1) streamline and simplify eligibility, enrollment and retention processes to help low-income families with children ages zero-to-five obtain and retain child care subsidies and 2) improve health and safety regulatory practices in licensed child care generally, and specifically to target childhood obesity. Identify policy opportunities to establish uniform guidelines. |
| | Breastfeeding Taskforce of Greater Los Angeles | | Provide technical assistance support for hospitals to achieve baby-friendly status and advocate to expand and streamline Medi-Cal regulations that support low-income mother's efforts to breastfeed. |
| Community Investments | Healthy Food Access Initiative | <i>Community Gardens</i> | Develop community gardens to provide communities with the opportunity to develop the infrastructure to grow and consume fruits and vegetables in an effort to support obesity prevention, increase food security, provide physical activity and support community cohesion. |
| | | <i>Fruit & Veggie Vouchers</i> | Promote the purchase and consumption of fruits and vegetables by leveraging existing programs at Farmer's Markets and other certifiable programs. |
| | Fresh Works Fund | | Established a strategic plan with NCB Capital Impact to create and administer a healthy corner store conversion program in conjunction with the California Freshworks Fund. The program will target the nearly 13,000 children under the age of 5 that reside in the 29 food desert census tracts located in LA County. |
| | 50 Parks | | Develop, build and maintain three neighborhood parks in the <i>Best Start</i> communities of Broadway-Manchester and Pacoima. |