The first hours following birth are a time of rapid physiologic and psychological adaptation for both the newborn and mother. There is growing evidence that being in skin-to-skin contact makes a significant difference on how these adaptations occur for both mother and baby. Understanding short- and long-term effects of where a newborn spends the first hours after birth may alter our postpartum practices.

Milk production is a function of breast anatomy, hormonal and physiologic factors which uniquely impact the mothers of premature infants. We will explore how much milk they make, he risk factors for low production, and how can we help them make more milk.

In the late preterm infant, all organ systems may be significantly immature. We will look at the risks for infants who are born 4-6 weeks too soon & will be better able to identify problems early, prevent many serious consequences, and support parents in caring for their late preterm newborns.

Finally a review of the Supporting Premature Infant Nutrition (SPIN) Program at UCSD Medical Center: the design, implementation and outcomes of this human milk based nutritional program. Learn how the teams that care for premature infants have worked together to structure a program to improve human milk production, safety and feeding, as well as working on variables of infant nutrition, growth, and outcomes.

Registration Fees
Registration includes continental breakfast, lunch, syllabus, and continuing education credit
Prior and up to July 27th $90
On or after July 28th/at the door $100

Location and Parking
CHLA’s Saban Building Auditorium, 4661 Sunset Ave, Los Angeles. Visitor parking is located on CHLA main campus and there is a nominal fee for parking.

Participant Confirmation and Syllabus
Confirmation by e-mail will be sent to participants providing an e-mail address. No other confirmation will be sent. Syllabus link will be sent via email a few days prior to the seminar.

Cancellation Policy
Written cancellations received one week prior to the event will be granted subject to a $10 fee. No refunds after this date.

TARGET AUDIENCE
Physicians, Registered Nurses, RDs, Nutritionists, Occupational Therapists, CPHWs, Lactation Consultants & Educators, LLI Leaders, Health Educators, Case Managers, Home Visitors, Doulas, Breastfeeding Peer Counselors and others interested in supporting families in the initiation and maintenance of breastfeeding.

Participate in the Breastfeeding Task Force of Greater Los Angeles
Make a contribution: Your tax deductible contribution helps the Task Force continue the projects that advocate, protect and support breastfeeding.

Attend a Task Force meeting:
The Task Force meets Quarterly for networking and updates.

Our Next Meeting:
See our website
9am—12pm
SLAHP, 2930 W. Imperial Hwy, Inglewood, CA
Agenda

9:00  Registration

9:30  Effects of Early Postpartum Skin-to-Skin Contact on Mother and Baby

10:45  Break

11:00  Milk Production in the Mothers of NICU Infants

12:15  Lunch

1:15  The Late Pre-Term Infant

2:30  Break

2:45  Supporting Premature Infant Nutrition; the UCSD SPIN Program

4:00  Adjourn

Objectives
Following the didactic presentations, participants will be able to:

• Describe how early skin-to-skin contact leads to optimal physiologic stability of the newborn,

• Identify community based and hospital based strategies to maximize milk production in the mother of a NICU infant,

• List short-term and long-term risks of late preterm birth, including breastfeeding failure, and to

• Describe components of premature infant nutrition support.

Registration Form - August 3, 2010

Registration  

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<tr>
<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>Early Bird up to 7/27/10</td>
<td>$90</td>
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<tr>
<td>General on 7/28 or after</td>
<td>$100</td>
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Total: $____

Name

Job Title

Company/Hospital

Billing Address

Billing City, ZIP

Email address—REQUIRED TO RECEIVE SYLLABUS

Phone

License No

Method of Payment

- [ ] Check
- [ ] Visa
- [ ] MasterCard

Credit Card #

Exp. date

Signature

Register online at www.breastfeedla.org or Complete this registration form and either Fax this registration form to (213) 596-5776, OR Mail Registration Form and check(s) Pay to: BTFGLA, 1821A Speyer Lane, Redondo Beach, CA, 90278

Continuing Education Credits
offered at no additional charge

Nurses: The Community Perinatal Network is an approved provider by the California Board of Registered Nursing. This course offers 6 contact hours of continuing education. CPN’s provider number is CEP 14797. Licensee must maintain certificate for a period of four years.

Lactation Consultants: The Breastfeeding Task Force of Greater Los Angeles is an approved provider by the International Board of Lactation Consultant Examiners. CERP application will be submitted for 5 L CERPs.

CHES: The National Commission for Health Education Credentialing, Inc. designates Los Angeles County Department of Public Health, Health Education Administration (LACDPH/HEA) as a provider of continuing education contact hours (CECH) in health education (Provider number MEP 2460). Certified Health Education Specialists (CHES) may receive up to 5 Category I CECH for this event.

Registered Dietitians: maintain a copy of the agenda and certificate for CPEs for their Professional Development Portfolio.

Raylene Phillips, MD, IBCLC, MA
Neonatology Fellow
Loma Linda University Children’s Hospital

Lisa Stellwagen MD, FAAP
Clinical Professor of Pediatrics at UC San Diego Medical School,
Medical Director of Newborn Service,
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