Assisting Mothers to Successful Baby Led Latching

Maternal infant biobehavioral and social interactions establish a direct right-brain to right-brain link between mother and baby. Our first session offers a review of the neurobiologic literature touching on lessons in newborn and infant competence, the role of the primitive reflexes, the neurobehavioral basis for the maternal infant relationship and the biochemical basis for behavior and attachment. With this background, we will discuss how we can better communicate with new mothers.

Stinging, burning, stabbing, pinching, shooting, aching, pains: How to sort it all out? How pathophysiology translates into symptoms and explains physical findings. Dr. Smillie will provide quick helpful tips to sort out the history, assessment and management techniques when the mother has nipple and/or breast pain.

Slow weight gain: We look at the pathophysiology of slow weight gain, and how the infant's resulting feeding style can exacerbate the situation. The rationale for a novel approach to management is explained: Why it's important to help the baby gain quickly. And, on beyond pumps and galactogogues, strategies for increasing milk production easily.

When you have no idea what is going on, what do you do? Ways to look at those confusing situations, and even ways to approach management before you know what’s going on, when two or more opposite strategies come to mind.

Participate in the Breastfeeding Task Force of Greater Los Angeles

Make a contribution:
Your tax deductible contribution helps the Task Force continue the projects that support breastfeeding.

Attend a Task Force meeting: The Task Force meets Quarterly for networking and updates.

Our Upcoming General Meetings:
July 27, 2010
8:30am–12pm
SLAHP, 2930 W. Imperial Hwy, Inglewood, CA

TARGET AUDIENCE
Physicians, Registered Nurses, RDs, Nutritionists, Occupational Therapists, CPHWs, Lactation Consultants & Educators, LLL Leaders, Health Educators, Case Managers, Home Visitors, Doulas, Breastfeeding Peer Counselors and others interested in supporting families in the initiation and maintenance of breastfeeding.

Location and Parking
LBMMC is south of the 405 on Atlantic. Park in the visitors parking structure. Parking fees are $2 with validation and $6 without.

Participant Confirmation
Confirmation by e-mail will be sent to participants providing an e-mail address. No other confirmation will be sent.

Cancellation Policy
Written cancellations received one week prior to the event will be granted subject to a $10 fee. No refunds after this date.

Breastfeeding Task Force of Greater Los Angeles presents:

Featured Speaker:
Christina M. Smillie, MD, FAAP, IBCLC, FABM

Long Beach Memorial Medical Center
Houssels Auditorium
2801 Atlantic Avenue
Long Beach, CA 90806

Date: July 16, 2010
Time: 9:00 AM to 4:00 PM

Co-sponsored by:
Long Beach Memorial Medical Center,
Community Perinatal Network and
PHFE, NEVHC, & SLAHP WIC Programs
Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>9:00</td>
<td>Registration</td>
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<tr>
<td>9:30</td>
<td>Right brained thinking: How mothers and babies think, why this matters</td>
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<td>10:45</td>
<td>Break</td>
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<tr>
<td>11:00</td>
<td>Sore nipples and sore breasts: Tips for evaluation and management</td>
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<tr>
<td>12:15</td>
<td>Lunch</td>
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<tr>
<td>1:15</td>
<td>Slow weight gain: Vicious cycles, interventions to stop the downward spiral</td>
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<td>2:30</td>
<td>Break</td>
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<tr>
<td>2:45</td>
<td>Thinking outside the box: Paradigms for approaching confusing problems</td>
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<td>4:00</td>
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Objectives

Following the presentations, participants will be able to:

- The participant will list five ways the hormone oxytocin helps promote infant survival
- The participant will list types of nipple and breast pain by pathophysiology
- The participant will describe how the underweight breastfeeding infant affects his mother’s rate of milk production and why this necessitates intervention
- The participant will describe the concept of homeostasis in human physiology and explain how this can help construct a rational approach to clinical management

Christina M. Smillie, MD, FAAP, IBCLC, FABM

Dr. Smillie received both undergraduate and medical degrees from the University of California. Board certified in pediatrics since 1983. Founded Breastfeeding Resources in Connecticut, a private medical practice limited to the specialty of breastfeeding medicine. Member of the Academy of Breastfeeding Medicine. Advisor to the American Academy of Pediatrics Section on Breastfeeding, and to the Health Advisory Council of La Leche League International. National and international speaker.

Continuing Education Credits

Nurses: The Community Perinatal Network is an approved provider by the California Board of Registered Nursing. This course offers 6 contact hours of continuing education. CPN’s provider number is CEP 14797. Licensee must maintain certificate for a period of four years.

Lactation Consultants: The Breastfeeding Task Force of Greater Los Angeles is an approved provider by the International Board of Lactation Consultant Examiners. This course offers 5 L CERPs. CERP application will be submitted.

CHES: The National Commission for Health Education Credentialing, Inc. designates Los Angeles County Department of Public Health, Health Education Administration (LACDPH/HEA) as a provider of continuing education contact hours (CECH) in health education (Provider number MEP 2460). Certified Health Education Specialists (CHES) may receive up to 5 Category I CECH for this event.

Registered Dietitians: maintain a copy of the agenda and certificate for CPEs for their Professional Development Portfolio.

Registration Fees

Registration includes continental breakfast, lunch, syllabus, and continuing education credit

Prior to July 8th  $90
On or after July 9th/at the door  $100

Register online at www.breastfeedla.org or
Fax this registration form to (213) 596-5776, OR
Mail Registration Form and check(s) Pay to: BTFGLA, 1821A Speyer Lane, Redondo Beach, CA, 90278