Best Start LA Outcomes

1) Outcome: Strengthened attachment and bonding between members of families and children
   • Potential Indicators:
     o Parents listen and attend to children’s feelings and needs
     o Parents engage in activities that bring mutual enjoyment with their children
     o Parents know the stages of physical, cognitive, and social development of children
     o Improved socio-emotional wellbeing of child
     o Decreased incidence of maternal depression
     o Parents report use of more positive parenting techniques and less use of punitive parenting techniques
     o Decreased incidence of child abuse/neglect

2) Outcome: Increased ability and efforts of families to foster the developmental function of their children so that they are ready for school
   • Potential Indicators:
     o Parents more accurately identify their children’s learning patterns and learning needs
     o Parents engage their children in more language-rich activities
     o Parents create a developmentally appropriate environment for children that allows for movement, play, and creativity

3) Outcome: Strengthened ability of families to understand their child’s cues and actively address their child’s health, development, needs, and uniqueness’s
   • Potential Indicators:
     o Parents know the stages of physical, cognitive, and social development of children
     o Parents identify the consequences of nutritional decisions for developing fetuses, infants, and toddlers, particularly with regard to increased exclusive breastfeeding up to 6 months
     o Parents are more aware of and utilize resources and services to support the development of their children
     o Parents increase and apply their knowledge of accident prevention and safety precautions
o Parents report that basic needs of family (food, housing, transportation access) are met
o Parents model healthful behaviors for themselves and their children
o Parents engage less in risky behaviors such as substance use

4) Outcome: Strengthened personal and social relationships within and between families
   • Potential Indicators:
     o Parents report spousal/other family members’ support in child rearing and household duties
     o Parents report their spousal/other family members offer emotional support
     o Families report they learn from and support each other and/or seek advice from each other
     o Families report utilizing a support system of family, friends, and neighbors whom they can access when they need to
     o Parents report feeling lonely and/or isolated less often
     o Decreased incidence of maternal depression
     o Family-to-family and peer support opportunities are readily available in community clinics, parks and recreation programs, local markets, etc.

5) Outcome: Community resources will meet the needs of the community so that their usage is increased
   • Potential Indicators:
     o Increased availability, accessibility, and/or responsiveness of neighborhood resources for families with young children within their neighborhood
     o Increased utilization of community resources by families with young children within their neighborhood

6) Outcome: Strengthened local community mobilization and advocacy
   • Potential Indicators:
     o Identification of issues and active engagement of families, community members, and other stakeholders in community actions and advocacy efforts to improve health and well-being of BSLA population and/or improve their place-based services
     o Strengthened ability of individual leaders and stakeholders to represent and promote change in their respective organizations
Increased collaborative relations and coordination among partners and other stakeholders
Increase in financial resources secured through community fundraising, government, and foundation grants and contracts, and other private sector resources to implement the BS strategies
Increased sense of belonging
Community artwork is common and reflects the history and culture of the residents

7) Outcome: Improvements to home and community built environments to support optimal child development
   • Potential Indicators:
     - Increased physical environments or areas within community that encourage the optimal development of young children through safe, clean, and/or stimulating environments

8) Outcome: Developed/improved policies that impact the P-5 population
   • Potential Indicators:
     - Changes in city level policies that increase program support for young children and their families
     - Changes in local level private policies that increase program support for young children and their families (e.g., corporations, housing, health insurance companies, etc.)

9) Outcome: Increased capacity to meet the needs of families through improved workforce competencies in infant and toddler issues in five sectors (physical health, ECE, mental health, social services/child welfare, early intervention/special needs)
   • Potential Indicators:
     - Agreement on core competencies
     - Development of training modules around core competencies
     - Number of training modules delivered around core competencies
     - Enhanced HV and collaborative lead entity staff performance due to training modules (pre and post)
     - Increased number of high quality professional staff in the five sectors
10) **Outcome:** Improvement in information and technology systems that support the common use of data and information for family access and support, community planning, and organizational efficiency

- **Potential Indicators:**
  - Increased availability and accessibility of individual and general information to families
  - Data system development and data sharing between Baby Registry and County Centralized Case Management system and other strategic data partners
  - Development of data infrastructure to facilitate evaluation of BS and community-developed outcomes
  - Increased capacity of communities to disseminate information to stakeholders