### Summary of Select Home Visitation Program Models

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<tr>
<th>Program Entry Point</th>
<th>Healthy Families America</th>
<th>Parents As Teachers</th>
<th>SafeCare</th>
<th>Triple P</th>
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| **Objectives**      | - Build and sustain community partnerships to systematically engage overburdened families in home visiting services.  
- Cultivate and strengthen nurturing parent-child relationships.  
- Promote healthy childhood growth and development.  
- Enhance family functioning by reducing risk and building protective factors.  
- Increase parent knowledge of early childhood development and improve parent practices.  
- Provide early detection of developmental delays and health issues.  
- Prevent child abuse and neglect.  
- Increase children’s school readiness. | - Increase parent knowledge of early childhood development and improve parent practices.  
- Train parents to use health reference materials to prevent illnesses and injuries.  
- Train parents to access appropriate treatment by problem-solving.  
- Identify and eliminate safety and health hazards at home.  
- Teach parents to provide engaging and stimulating activities for child.  
- Increase positive parent-child interactions.  
- Increase parental capacity to minimize/prevent troublesome child behaviors. | - Enhance parents’ knowledge, skills and confidence.  
- Promote non-violent, protective and nurturing environments for children.  
- Reduce child abuse  
- Enhance competence, resourcefulness, and self-sufficiency of parents. | --- |

| Program Model Components/ Elements | **Services initiated by birth**  
- Use of standardized assessments  
- Well defined criteria increasing/decreasing service intensity  
- Services support parent, parent-child interaction and child development  
- Links parents to medical provider | **PAT model has four components that all affiliate programs are required to provide:**  
(1) one-on-one personal (or home) visits, (2) group connections (or meetings), (3) health and developmental screenings for children, and (4) a resource network for families. | **Provides three main modules, each approximately 6 weeks in duration:**  
- Health  
- Home Safety  
- Parent-Child/Parent-Infant Interaction | **Provides 5 levels of intervention. Best Start sites may choose one or more Levels to implement.**  
- Enhance parents’ knowledge, skills and confidence.  
- Promote non-violent, protective and nurturing environments for children.  
- Reduce child abuse  
- Enhance competence, resourcefulness, and self-sufficiency of parents. |
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<td><strong>Duration/intensity</strong></td>
<td>Initial weekly visits for the first 6 months of infant’s life, then decreases over time (as needed). Services provided up to 3-5 years after birth of baby.</td>
<td>At least 10 to 12 home visits annually (at minimum). Programs must offer higher-need families 20 to 24 visits annually. Sites must offer monthly group connections or meetings for parents. Services provided up to 3-5 years after birth of baby.</td>
<td>Weekly home visits lasting from 1-2 hours. The program typically lasts 18-20 weeks for each family.</td>
<td>- Depends on Triple P Level: - Level 2: Individual consultations or Seminars (1-2 sessions) - Level 3: Brief individual consultations over 4-6 week period - Level 4: individual or group consultations over 8-10 sessions - Level 5: Up to 4 additional individual or group sessions</td>
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<td><strong>Staff Qualifications</strong></td>
<td>Home Visitors: No minimum educational requirement. Supervisors: Minimum of a baccalaureate degree; a master’s level with clinical and reflective background preferred. Parent educators: minimum high school diploma or GED and two years’ previous supervised work experience with young children and/or parents. National office prefers parent educators have at least a four-year degree in early childhood education or a related field or at least a two-year degree or 60 college hours in early childhood or a related field and experience working with young children and/or parents.</td>
<td>Parent educators: minimum high school diploma or GED and two years’ previous supervised work experience with young children and/or parents.</td>
<td>Home Visitors: No minimum educational requirement. Nationally almost 80% of SafeCare home visitors have a four-year degree or above.</td>
<td>Depends on Triple P level being provided. Level 2-3: Ranges from paraprofessionals to professionals involved in education or health, such as home visitors, nurses, family physicians, pediatricians, and other allied health professionals. Levels 4 and 5: Includes professionals such as nurses, psychologists, social workers, and family counselors.</td>
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<td>Program Staff Requirements</td>
<td>Four primary staff positions: (1) Family Support Workers (FSWs) who conduct home visits with families; (2) Family Assessment Workers (FAWs) who conduct family and child assessments and sometimes screen families for enrollment in the program; (3) Supervisors who provide administrative, clinical and reflective supervision, to FSWs and FAWs; and (4) Program Managers who oversee program operations, funding, quality assurance, and evaluation.</td>
<td>Two primary staff positions: (1) Parent Educators who provide home visiting services; and (2) Supervisors who supervise parent educators.</td>
<td>Two primary staff positions: (1) Home Visitors; and (2) Coaches.</td>
<td>Two primary staff positions for Levels 2-5: (1) Triple P provider; (2) Supervisor.</td>
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<td>Supervision and Staff Ratio Requirements</td>
<td>HFA allows one supervisor for every six direct service staff; a ratio of 1 to 5 is considered optimal. The HFA national office requires that one home visitor (FSW) serve no more than 15 families receiving weekly visits or 25 families receiving less frequent visits.</td>
<td>PAT requires that full-time supervisors supervise no more than 12 parent educators. Full-time parent educators should complete no more than 60 visits per month, with new parent educators (those implementing PAT less than one year) conducting no more than 48 visits per month.</td>
<td>Home Visitors are generally limited to a caseload of approximately 10-12 families.</td>
<td>Varies based on Triple P Level.</td>
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<td>Curriculum Requirements</td>
<td>HFA does not require a specific curriculum; however, it does require sites use a research-based curriculum with participant/family materials and a facilitator's manual with specific guidelines for delivering the curriculum.</td>
<td>Sites must use the PAT Foundational Curriculum, which includes personal visit plans and guided planning tools designed to assist parent educators in individualizing services for families while maintaining consistency. The curriculum also includes a toolkit.</td>
<td>SafeCare sites are trained to implement the SafeCare Modules with parents.</td>
<td>Triple P sites are trained to implement their selected Triple P level.</td>
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| Staff Training      | - Assessment Training (4 days)  
- Home Visitor Core Training (4 days)  
- Advanced Supervisor Training (3 days)  
- Wraparound Training (additional training available to support staff) | - Parents as Teachers Foundational Training  
- Model Implementation Training | - Home Visitor Training (5 days)  
- Coach Training (1-2 days)  
- Train the Trainer (2 days; allows site to sustain affiliation) | - All trainings involve four components:  
  - Training (2-5 days)  
  - Pre-Accreditation day (optional)  
  - Accreditation day (8-12 weeks post-training)  
  - Post accreditation support available |
| Affiliation Process | - Site must complete Affiliation Application  
- Initially considered a provisional site  
- Site must complete credentialing process by second year of operation for two- or four-year credentials | - Submit Pre-Plan  
- Attend Parent Educator Training  
- Complete Final Program Plan  
- Receive notification of certification | - Submit Readiness Guide  
- Application reviewed by national office  
- Complete training(s) | - Initial training course  
- Pre-Accreditation Day  
- Accreditation Day |

For more information, we encourage you to visit the national office websites of the Select Home Visitation Program Models:

- **Healthy Families America:** [http://www.healthyfamiliesamerica.org/home/index.shtml](http://www.healthyfamiliesamerica.org/home/index.shtml)
- **Parents As Teachers:** [http://www.parentsasteachers.org/](http://www.parentsasteachers.org/)
- **SafeCare:** [http://publichealth.gsu.edu/968.html](http://publichealth.gsu.edu/968.html)
- **Triple P:** [http://www.triplep-america.com/](http://www.triplep-america.com/)