This one day seminar on baby behavior gives clear information about baby body language and cues. This includes cues that the baby wants to engage or disengage as well as signs that the baby is irritable, drowsy, or in a quiet alert state. Seminar participants will gain important insight into what babies are trying to communicate in their unique and often difficult-to-understand body language. When counseling breastfeeding mothers or teaching health care professionals, baby behavior messages can be woven into breastfeeding guidance. Understanding baby behavior can impact in-hospital and clinic breastfeeding rates, parent satisfaction and confidence.

**Program Description**

**Participate in the Breastfeeding Task Force of Greater Los Angeles**

**Make a contribution:** Your tax deductible contribution helps the Task Force continue the projects that support breastfeeding.

**Attend a Task Force meeting:** The Task Force meets Quarterly for networking and updates.

**Our Next Meeting:** Tuesday, October 27th 2930 W. Imperial Hwy, Inglewood, CA

**TARGET AUDIENCE**

Physicians, Registered Nurses, RDs, Nutritionists, Occupational Therapists, CPHWs, Lactation Consultants & Educators, LLL Leaders, Health Educators, Case Managers, Home Visitors, Doulas, Breastfeeding Peer Counselors and others interested in supporting families in the initiation and maintenance of breastfeeding.

**Breastfeeding Task Force of Greater Los Angeles**

**Denise Parker, BA, IBCLC**

Lactation Consultant at Kaiser Permanente, Baldwin Park
Southern California Kaiser Permanente Regional Lactation Committee Chair
Birth and Beyond California Consultant

**Karen Peters, MBA, RD, IBCLC**

Executive Director, Breastfeeding Task Force of Greater Los Angeles
Birth and Beyond California Consultant

**Breastfeeding Task Force of Greater Los Angeles presents:**

**Featured Speakers:**

*Denise Parker, BA, IBCLC*

*Karen Peters, MBA, RD, IBCLC*

**Date:** September 11, 2009

**Time:** 9:00 AM to 4:00 PM

**Co-sponsored by:**

Pomona Valley Hospital Medical Center
Community Perinatal Network and
PHFE, NEVHC, & SLAHP WIC Programs

**Breastfeeding Task Force of Greater Los Angeles**

**1821A Speyer Lane**

Redondo Beach, CA 90278

Phone and Fax: (213) 596-5776

www.breastfeedla.org
Agenda

9:00 Registration

9:30 Baby cues: “I’m Hungry” and More

10:45 Break

11:00 Seen But Not Heard? Exploring the Myths of the “Good Baby”

12:15 Lunch

1:15 Getting the Word Out: Baby Behavior Messages for Colleagues and Families

2:30 Break

2:45 Teaching Baby Cues to Increase Exclusive Breastfeeding Rates in the Hospital and Beyond

4:00 Adjourn

Objectives

Following the didactic presentations, participants will be able to:

- Differentiate between behaviors associated with “problem management” versus “emotional regulation”
- Demonstrate ability to recognize specific infant cues
- Describe the importance of “active sleep” in infant health and development
- Describe why baby behavior messages may be relevant in hospital settings

The content in this workshop has been adapted from Baby Behavior 101 by UC Davis Human Lactation Center.

Continuing Education Credits
offered at no additional charge

Nurses: The Community Perinatal Network is an approved provider by the California Board of Registered Nursing. This course offers 6 contact hours of continuing education. CPN’s provider number is CEP 14797. Licensee must maintain certificate for a period of four years.

Lactation Consultants: The Breastfeeding Task Force of Greater Los Angeles is an approved provider by the International Board of Lactation Consultant Examiners. This course offers 5 L CERPs. CERP application will be submitted.

CHES: The National Commission for Health Education Credentialing, Inc. designates Los Angeles County Department of Public Health, Health Education Administration (LACDPH/HEA) as a provider of continuing education contact hours (CECH) in health education (Provider number MEP 2460). Certified Health Education Specialists (CHES) may receive up to 5 Category I CECH for this event.

Registered Dieticians: maintain a copy of the agenda and certificate for CPEs for their Professional Development Portfolio.

Registration Fees

Registration includes continental breakfast, lunch, syllabus, and continuing education credit

Prior to Sept 4th $90
On or after Sept 4th/at the door $100

Location and Parking

Pomona Valley Hospital Medical Center is located at 1798 N. Garey Ave, Pomona, CA.

Participant Confirmation

Confirmation by e-mail will be sent to participants providing an e-mail address. No other confirmation will be sent.

Cancellation Policy

Written cancellations received one week prior to the event will be granted subject to a $5 fee. No refunds after this date.

Mail Registration Form and check(s)
Payable to: BTFGLA, 1821A Speyer Lane, Redondo Beach, CA 90278