

The Reiss-Davis Child Study Center introduces

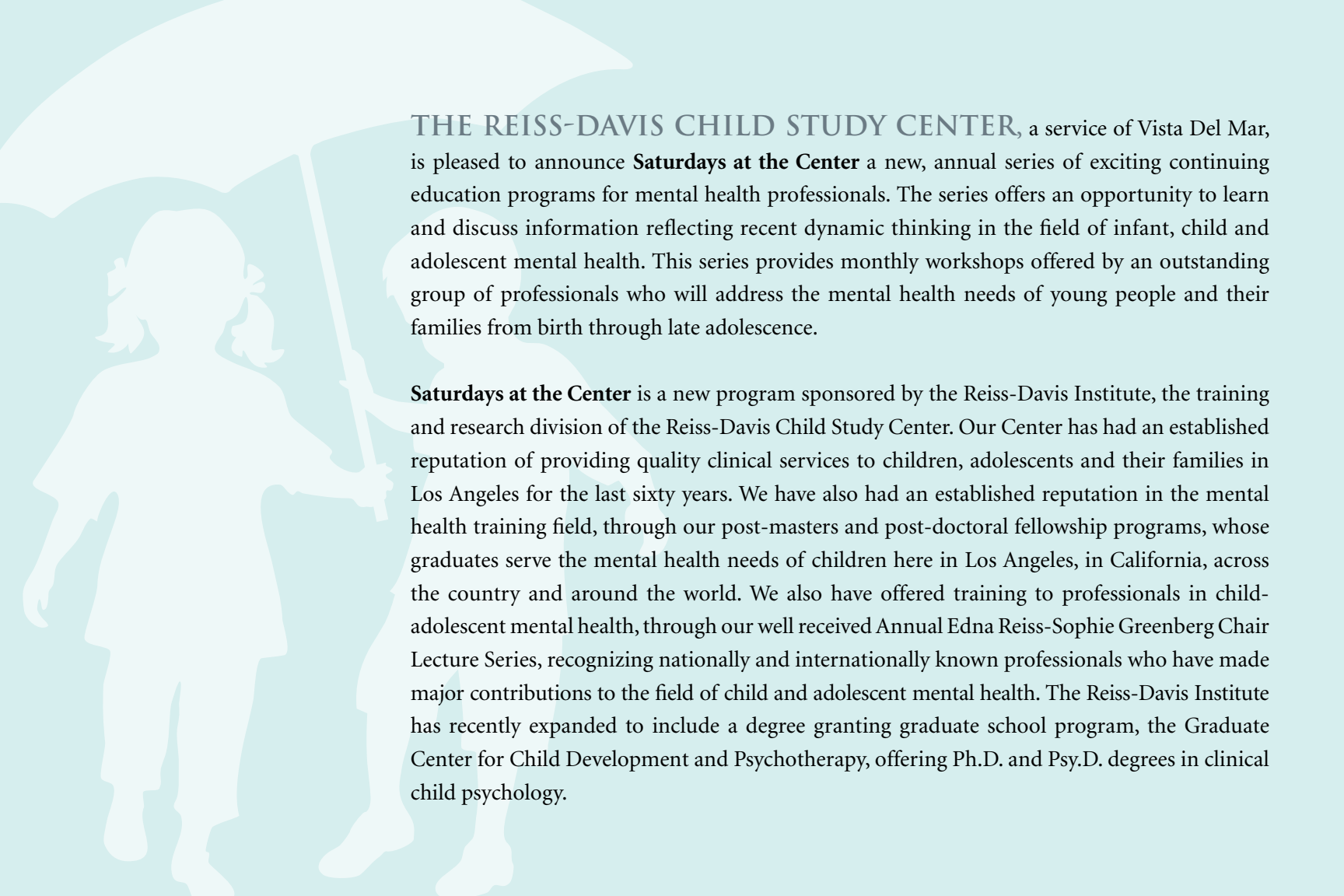
SATURDAYS *at the* CENTER

**A New Monthly Series of Continuing Education Programs
for Mental Health Professionals
Serving Children, Adolescents and Parents**

Presenting Cutting Edge Neurobiological/Relational Mental Health Models

Conveniently Located | Reasonably Priced

Offered by the new Reiss-Davis Institute

The background of the page features a light teal color with white silhouettes of a young girl on the left and a young boy on the right. They are both holding a large, light-colored umbrella that covers them. The girl has pigtails and is wearing a dress, while the boy is wearing a t-shirt and pants. The overall mood is protective and caring.

THE REISS-DAVIS CHILD STUDY CENTER, a service of Vista Del Mar, is pleased to announce **Saturdays at the Center** a new, annual series of exciting continuing education programs for mental health professionals. The series offers an opportunity to learn and discuss information reflecting recent dynamic thinking in the field of infant, child and adolescent mental health. This series provides monthly workshops offered by an outstanding group of professionals who will address the mental health needs of young people and their families from birth through late adolescence.

Saturdays at the Center is a new program sponsored by the Reiss-Davis Institute, the training and research division of the Reiss-Davis Child Study Center. Our Center has had an established reputation of providing quality clinical services to children, adolescents and their families in Los Angeles for the last sixty years. We have also had an established reputation in the mental health training field, through our post-masters and post-doctoral fellowship programs, whose graduates serve the mental health needs of children here in Los Angeles, in California, across the country and around the world. We also have offered training to professionals in child-adolescent mental health, through our well received Annual Edna Reiss-Sophie Greenberg Chair Lecture Series, recognizing nationally and internationally known professionals who have made major contributions to the field of child and adolescent mental health. The Reiss-Davis Institute has recently expanded to include a degree granting graduate school program, the Graduate Center for Child Development and Psychotherapy, offering Ph.D. and Psy.D. degrees in clinical child psychology.

OCTOBER 24, 2009

9:30am-12:30pm | 3 CEU's

Babies in Crisis

The Anna Freud Centre model of psychoanalytic parent-infant psychotherapy with earliest attachment disorders

Tessa Baradon: Head of the Infancy, Toddlerhood and Preschool Programme at the Anna Freud Centre, London
We are very pleased to have as our inaugural presenter, a professional recognized for her clinical and research work in the area of infant-parent attachment, who is coming all the way from London, to address our first session of Saturdays at the Center.

This presentation looks at how earliest attachment disturbances place the developmental trajectory of the infant at risk, and can affect that infant's mental health and social functioning throughout life. Ms. Baradon will explore:

- Normative attachment emotions and behaviors between infant and parent
- The modality of parent-infant psychotherapy, with case material
- Intergenerational trauma and the infant-parent relationship
- An early intervention program for imprisoned mothers and their babies with outcome results



NOVEMBER 14 & 21, 2009

9:30am-12:30pm | 2-Part Series | 3 CEU's per session



Dreams and Nightmares of Children and Adolescents

A series offered by one of the most sought after dream analyzers in Los Angeles

Robert Moradi, M.D. Associate Clinical Professor of Psychiatry, UCLA School of Medicine; Staff Psychiatrist & Supervisor of Residents, Cedars-Sinai Medical Center; Faculty, Reiss-Davis Institute

- November 14: **Dreams and Nightmares of Children** – These nocturnal events frequently reflect the impact of the child's psychological eco-system on his/her life and can help clinicians better understand his/her conflicts, desires, and potentialities. (3 CEU's)
- November 21: **Dreams and Nightmares of Adolescents** – Working with teenage patients' dreams can help expand their relationships with their inner and outer world as well as their eventual transformation into adulthood. (3 CEU's)

DECEMBER 12, 2009

9:30am-12:30pm | 3 CEU's

A Clinical Morning with Saul Brown and Helen Reid

Case studies from pioneers in the field of infant-child and family mental health

Saul L. Brown, M.D. Twenty-two years as Chairman of the Department of Psychiatry and Thalians Mental Health Center, Cedars-Sinai Medical Center; Senior Faculty, Southern California Psychoanalytic Institute.

Helen Reid, L.C.S.W. Founder and twenty years as Director, Early Childhood Center for Parents and Very Young Children, Thalians Mental Health Center, Cedars-Sinai Medical Center; Developed and directed “The Warm Line,” a free telephone response service for parents of very young children.

These pioneers in the field of infant-child and family mental health, will discuss case studies from their vast professional experience, that highlight how they work clinically with young children and families.

- Dr. Brown will offer a case of brief psychodynamic family therapy with a mother, father, and their three boys, along with a follow-up seven years later. He will explore his inner thoughts while working in session with the family, and will use a family developmental model as an assessment tool to help guide the family through treatment.
- Ms. Reid will present a very successful but not well known model she developed for working with encopretic children, using a three-session intervention. She will use a number of examples from over eighty families demonstrating the efficacy of this exciting approach.

JANUARY 16 & 23, 2010

9:30am-12:30pm | 2-Part Series | 3 CEU's per session

Jungian Sandplay: Symbolic Expression of the Unconscious

A series offered by a pioneer in the field of Sandplay Therapy, for clinicians both new to the technique and those seeking more in-depth training

Harriet S. Friedman, M.A., M.F.T. Certified teaching member of the International Society of Sandplay Therapy, founding member & former president of Sandplay Therapists of America, and faculty of the Jung Institute of Los Angeles



- **January 16: Introduction to the Theory and Technique of Sandplay Therapy** – The history, practice and procedures of Jungian sandplay therapy, including the use of imagery and metaphor from clinical cases. (3 CEU's)
- **January 23: Application and Case Studies of Sandplay** – The use of Sandplay in therapeutic work with children and adults with case material including sand creations that demonstrate the power and healing potential of the sandplay process. (3 CEU's)

FEBRUARY 20, 2010

9:00am-4:00pm | 6 CEU's



Applying Attachment Theory to Working Therapeutically with Children and Adolescents, including its relevance to play therapy, identity development, and emotional security

An all-day conference offered by a seasoned clinician and academician

Janet Woznica, Ph.D. Adjunct faculty at Antioch University, Los Angeles; Faculty of Training Program and Chair of Extension Program, Los Angeles Institute and Society for Psychoanalytic Studies (LAISPS); Faculty, Wright Institute, Los Angeles

This course will focus on the clinical application of attachment theory in psychotherapeutic work with children and adolescents. The course will explore means of fostering healthy attachment bonds between caregiver and child, conceptualizing developmental conflicts and symptoms from an attachment theory perspective, understanding play therapy in the context of attachment issues, and the role of the therapist-patient attachment as a vital foundation for healthy emotional development. Case material will be utilized to illustrate the clinical application of theoretical concepts.

REGISTRATION FORM

MAIL COMPLETED FORM WITH PAYMENT TO:

Reiss-Davis/Saturdays at the Center ATTN: Carol Ziff, 3200 Motor Avenue, Los Angeles, CA 90034

Participant Name

Profession

License(s) Credentials

Organization/Affiliation

Mailing Address

City

State

Zip

Daytime Phone

Fax

E-Mail

REGISTRATION FEES

\$ 45 – Half-day session

\$ 85 – Full day session

\$495 – Full series (a savings of over \$100)

Please register me for the following sessions:

- | | |
|---|--|
| <input type="checkbox"/> 10/24 – Half Day | <input type="checkbox"/> 2/20 – Full day |
| <input type="checkbox"/> 11/14 – Half Day | <input type="checkbox"/> 3/20 – Full day |
| <input type="checkbox"/> 11/21 – Half Day | <input type="checkbox"/> 4/17 – Half Day |
| <input type="checkbox"/> 12/12 – Half Day | <input type="checkbox"/> 5/8 – Half Day |
| <input type="checkbox"/> 1/16 – Half Day | <input type="checkbox"/> 6/12 – Full day |
| <input type="checkbox"/> 1/23 – Half Day | |

METHOD OF PAYMENT

- Check Enclosed** (make payable to **Vista Del Mar**)
- Visa** **MasterCard** **American Express**

Credit Card Number

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Billing Address (if different from above)

City

State

Zip

Authorized Signature

Cancellations & Refunds: Cancellations received at least ten working days before the workshop are refundable less a \$20 administrative charge per registrant. No refunds will be made thereafter. Please note that if you register and do not attend, you are still liable for full payment. A colleague may be substituted for no extra charge if Reiss-Davis is notified at least two business days before the conference. The expense of continuing education, when taken to maintain and improve professional skills may be tax deductible.

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MARCH 20, 2010

9:00am-4:00pm | 6 CEU's

Introduction to a New Neurodevelopmental Perspective for Working with Infants, Children, Adolescents, and Families: The Neurorelational Framework

Presented by a nationally known, pioneer in the integration of psychoanalytic thinking and neuroscience

Constance M. Lillas, Ph.D., M.F.T., R.N. Private Practice in Los Angeles; Director, Interdisciplinary Training Institute; Training and Supervising Psychoanalyst and Faculty at the Institute of Contemporary Psychoanalysis, Los Angeles; Faculty, Department of Mental Health Training Bureau, Los Angeles County

This all-day course will offer a unifying, interdisciplinary framework based on current neuroscience research into how infants and children develop in the context of relationships and their surroundings. This conceptual framework is organized according to four brain systems, each representing a set of individual and relational functions that acknowledges the unique contributions from each discipline, while also presenting guiding principles that are applicable across disciplines and methods of theory and practice. Dr. Lillas will offer specific, practical applications of the approach throughout, to assist attendees in assessment and intervention of their patients by exploring each brain system, including clearly defined treatment strategies as well as case studies drawn from and based on her clinical practice.



APRIL 17, 2010

9:30am-12:30pm | 3 CEU's

Thriving Baby/Thriving Child: Reflexes, Movement and the Growth of the Mind

Ms. Lamont, with over twenty years of experience in her field and having treated over 2,500 children with neuro-developmental challenges, will be coming from Seattle to address Los Angeles professionals in the area of Developmental Movement, an area on which she has presented across the state, country, and England

Bette Lamont, M.A., M.D.T. Executive Director, Developmental Movement Consultants and Center, consultant in neuro-developmental disorders across the country and internationally

Given neurobiology's more recent findings, it seems especially important to look at the role of developmental movement, its presence, absence, and inconsistencies in the first years of life; and its effects on the later functioning of the child and adolescent. Equally important is a familiarization with intervention strategies in this area to address deficits, especially in children with challenges.

Ms. Lamont will explore Neurological Organization, a therapy that uses early sensory and motor activities to treat difficulties, deficits and deficiencies including adoption trauma, PTSD, neuro-developmental and learning challenges. Her presentation on Thriving Baby/Thriving Child, The Role of Movement in Brain Development will discuss the central nervous system: how it is organized, how its development affects learning and how to distinguish brain-based issues from other sources of difficulties.

MAY 8, 2010

9:30am-12:30pm | 3 CEU's



Working with Youth Leaving Care

A Developmental, Relationship-Based Approach, presented by an award-winning social welfare academician-clinician

Wendy Smith, Ph.D., L.C.S.W. Adjunct Professor and Director of Instructional Enhancement at the USC School of Social Work; Chair of the Board of Directors of United Friends of the Children, an organization devoted to serving the needs of foster youth and former foster youth; board member the Venice Family Clinic and ACLU Foundation of Southern California

Dr. Smith's presentation will focus on the actual challenges faced by transition-aged youth as they emerge from the foster care system. The impact of neglect and abuse on neurobiological development in infancy, childhood, and adolescence will be discussed, with particular attention to the stress response system. The problematic and/or disrupted early attachments of most foster youth will be considered in terms of their future attachments, identity formation, and mental health problems, including delinquency as a mental health issue. Although cognitive/behavioral models dominate much of the practice research literature, this session will provide evidence for the crucial importance of relational components of treatment and programs for former foster youth.

JUNE 12, 2010

9:00am-4:00pm | 6 CEU's

Cross-Cultural Sensitivity to Working Clinically with Adoptive Families

An all-day workshop that addresses important yet often overlooked aspects of adoption

Jill Boyer, M.S.W. Vista Community Services Program Director

Jeannette Yoffe, M.A., M.F.T. Private practice with adoptive families; Vista's Post-Adoption Services Program participant; recipient of Foster Care Hero Award, County of Los Angeles, 2006

Habiba Herbert, M.A. Experienced trainer in transracial/ transcultural issues; consultant, Vista's Post-Adoption Program

The presenters will address the following areas:

- An overview of clinical issues related to *open* versus *closed* adoption
- Life-long impact of adoption for birth parents, adoptees, and adoptive parents
- Adoption awareness in adoptees at various developmental stages from childhood through adulthood
- Research findings about successful adoptions
- Case studies and recurring adoption themes from therapeutic practice
- Strategies for addressing adoptive issues with children and families
- Feedback from adult “trans” adoptees as a guide to assist “trans” families and professionals in meeting the challenges of adoptive parenting in a race-conscious society





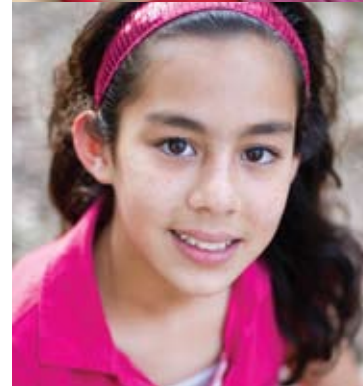
REISS-DAVIS CHILD STUDY CENTER

A SERVICE OF VISTA DEL MAR

THE REISS-DAVIS CHILD STUDY CENTER, is a non-profit, non-sectarian mental health facility that has been serving children, adolescents, and their families since 1950.

Clinical and Educational services offered at the Center include:

- Psychotherapy for children and families
- Parent Work
- Diagnostic Assessments
- Psycho-educational Diagnostic Testing Service (P.E.D.S.)
- Keeping Kids First- educational programs for divorcing parents and their children
- Neurofeedback/brain training for children and adolescents with attentional issues
- GRANDparenting classes, a kinship care program for relatives raising grandchildren



REGISTRATION

To register for as many of the conferences as you would like to attend, please fill out and mail the enclosed registration form along with your check/credit card information.

You may also register by telephone or on our website for any or all of the conferences listed in this booklet.

- For program information and website registration, you can find **Saturdays at the Center** on www.vistadelmar.org Click on **Reiss-Davis** in the upper left hand corner > Click on **Saturdays at the Center**
- For a menu of the programs and registration, please call (310) 204-1666 Ext. 339





REISS-DAVIS
CHILD STUDY CENTER

A SERVICE OF VISTA DEL MAR

3200 Motor Avenue
Los Angeles, CA 90034

SATURDAYS

Monthly Continuing Education
Programs *for* Mental Health
Professionals

at the CENTER

Inaugural Presenter October 24: Tessa Baradon, Anna Freud Centre, London – see inside for details.