



**HEALTHY KIDS
DO BETTER
IN SCHOOL**

5 RESOURCES

FOR YOUR CHILD'S FIRST 5 YEARS:

- 1 Information on preschool access
- 2 Family literacy programs for the entire family
- 3 Free/low-cost health insurance (includes dental, vision and mental)
- 4 Tips on safety, health and family fitness
- 5 Free referrals to local family services

**CALL FIRST 5 LA'S CONFIDENTIAL
PARENT HELPLINE AT**

1-888-FIRST5-LA

(1-888-347-7855)

www.smartkidsla.org

Let First 5 LA connect you to resources for everything your child needs to grow up healthy, safe and ready to learn.

Call our confidential parent helpline for resources for families and kids prenatal through age 5.

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**FIRST 5
LA**

Champions For Our Children

