

Program Description

This one day seminar will provide participants an opportunity to gain knowledge about topics currently of great interest in the lactation community. Confusion still exists on what a mother can take and still safely breastfeed. Learn the reality of medication transferring to breastmilk and up to date resources to use. With the increase in inductions and multiples, learn what risks exist for the late preterm infant and how we can support the breastfeeding couplet. We will discuss how to evaluate the validity of research, so you can pinpoint studies you want to use to support your evidence-based practice. Lastly we will discuss hot topics in milk banking, how to refer potential donors and who uses donor milk.

Nancy E. Wight, MD, IBCLC, FABM, FAAP



Neonatologist, Children's Hospital & Sharp Mary Birch Hospital for Women, San Diego, CA

Co-author, Human Milk in the NICU

Ronald Koretz, MD



Emeritus Professor of Clinical Medicine, David Geffen-UCLA School of Medicine

Retired Chief of Gastroenterology, Olive View-UCLA

Pauline Sakamoto, RN, MS, PHN



President of Human Milk Banking Association of North America

Executive Director of Mothers' Milk Bank at San Jose



Participate in the Breastfeeding Task Force of Greater Los Angeles

Make a contribution: Your tax deductible contribution helps the Task Force continue the projects that support breastfeeding.

Attend a Task Force meeting: The Task Force meets Quarterly for networking and updates.

Our Next Meeting: Tuesday, July 28th
2930 W. Imperial Hwy, Inglewood, CA

TARGET AUDIENCE

Physicians, Registered Nurses, RDs, Nutritionists, Occupational Therapists, CPHWs, Lactation Consultants & Educators, LLL Leaders, Health Educators, Case Managers, Home Visitors, Doulas, Breastfeeding Peer Counselors and others interested in supporting families in the initiation and maintenance of breastfeeding.

Breastfeeding Task Force of Greater Los Angeles

1821A Speyer Lane
Redond Beach, CA 90278

Phone and Fax: (213) 596-5776
www.breastfeedla.org

Hot Topics in Breastfeeding

Breastfeeding Task Force of Greater Los Angeles

Featured Speakers:

Nancy E. Wight, MD, IBCLC, FABM, FAAP

Ronald Koretz, MD

Pauline Sakamoto, RN, MS, PHN

Long Beach Memorial Medical Center

2801 Atlantic Ave
Long Beach, CA 90806

Date: July 17, 2009

Time: 9:00 AM to 4:00 PM

Co-sponsored by:

Long Beach Memorial Medical Center

Community Perinatal Network and

PHFE, NEVHC, & SLAHP WIC Programs

Agenda

9:00	Registration
9:30	Safe or Sorry? Maternal Medications & Breastfeeding
10:45	Break
11:00	Reading the Medical Literature: All Papers Are Not Created Equal
12:15	Lunch
1:15	Supporting Breastfeeding in the Late Preterm Infant
2:30	Break
2:45	Hot Topics in Milk Banking
4:00	Adjourn

Objectives

Following the didactic presentations, participants will be able to:

- Discuss how medications enter breast-milk, including which factors influence how much drug is transferred to the infant
- Understand the differences in study design and how each is used
- Recognize the special physical and developmental needs of late preterm infants and their mothers in establishing and maintaining breastfeeding
- List potential beneficiaries of human donor milk

Continuing Education Credits

offered at no additional charge

Nurses: The Community Perinatal Network is an approved provider by the California Board of Registered Nursing. This course offers 6 contact hours of continuing education. CPN's provider number is CEP 14797. Licensee must maintain certificate for a period of four years.

Lactation Consultants: The Breastfeeding Task Force of Greater Los Angeles is an approved provider by the International Board of Lactation Consultant Examiners. This course offers 5 L CERPs. CERP application will be submitted.

CHES: The National Commission for Health Education Credentialing, Inc. designates Los Angeles County Department of Public Health, Health Education Administration (LACDPH/HEA) as a provider of continuing education contact hours (CECH) in health education (Provider number MEP 2460). Certified Health Education Specialists (CHES) may receive up to 5 Category I CECH for this event.

Registered Dietitians: maintain a copy of the agenda and certificate for CPEs for their Professional Development Portfolio.

Registration Fees

Registration includes continental breakfast, lunch, syllabus, and continuing education credit

Prior to July 10th	\$90
On or after July 10/at the door	\$100

Location and Parking

Long Beach Memorial is located at 2801 Atlantic Ave in Long Beach, CA. Visitor parking is adjacent to the conference center. Parking fees are \$2 with validation and \$6 without. Please allow enough time for traffic and parking. Delays are not uncommon.

Participant Confirmation

Confirmation by e-mail will be sent to participants providing an e-mail address. No other confirmation will be sent.

Cancellation Policy

Written cancellations received **one week prior** to the event will be granted subject to a \$5 fee. No refunds after this date.

Registration Form - July 17, 2009

Registration	Price
<input type="checkbox"/> Early Bird up to 7/9/09	\$90
<input type="checkbox"/> General on 7/10 or after	\$100
<input type="checkbox"/> Tax deductible Contribution	\$_____
<input type="checkbox"/> Nancy Wight's Book: <u>Best Medicine: Human Milk in the NICU</u>	\$36
Total: _____	

Name

Job Title/Agency

Billing Address

Email address

Phone

License No

Method of Payment

- Check
- Visa
- MasterCard

Credit Card # Exp. date

Signature

Security Code

Register online @ www.breastfeedla.org
or Mail or Fax this completed registration.

If paying by credit card, you may fax this registration form to (213) 596-5776.

Mail Registration Form and check(s)
Payable to: BTFGLA, 1821A Speyer Lane, Redondo Beach, CA 90278