

Bright Beginnings Conference:



Maternal Mental Health Over The Life Course

March 15, 2010

8am ~ 5pm

With a networking cocktail hour to follow

* California Endowment Center *

Los Angeles, CA

PRESENTATION AND PANEL
DISCUSSIONS BY:

* Deborrah Bremond * Sandra Copley * Will Courtenay * Emily Dossett *
* Adrienne Einarson * Robert Felix * Denise Gee * Tonya Gorham *
* Cynthia Harding * Beth Hoch * Pec Indman * Robin Johnson *
* Deborah Johnson-Hayes * Penny Knapp * Kiko Malin * Stephanie Morales *
* Karen Moran Finello * Cheri Pies * Caron Post * Diana Ramos *
* Sara Seaton * Danica Thornberry *

Conference AGENDA

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|------------------|---|
| 7:30 - 8:00 am | Registration / Breakfast / Networking |
| 8:15 - 8:40 am | Conference Welcome / Overview |
| 8:40 - 9:30 am | Improving the Trajectory of Women's Lives: A Conversation on the Life Course Perspective |
| 9:30 - 9:45 am | BREAK |
| 9:45 - 11:00 am | Breakout Sessions |
| | 1. Your Family Counts: A Multidisciplinary Community Approach to Maternal Mental Health Screening |
| | 2. Safety/Risk of Antidepressants during Pregnancy and Breastfeeding |
| | 3. Treating Perinatal Mood Disorders: Medications and/or other interventions |
| | 4. Providing support and prevention services to women during the interconception period |
| 11:00 - 11:15 am | BREAK |
| 11:15 - 12:30 pm | Panel Discussion - Same Patient Different Perspectives: The role of different providers in treating women with PPMD |
| 12:30 - 1:45 pm | LUNCH |
| 1:45 - 2:00 pm | BREAK |
| 2:00 - 3:15 pm | Breakout Sessions |
| | 1. Understanding Chinese Gynecology as a Treatment for PPMD |
| | 2. The Impact of PPMD on Adolescents, Other Parenting Partners, and Culturally Diverse Populations |
| | 3. Promising Approaches for Supporting Mother-Baby Dyads |
| | 4. Starting small: Local responses to maternal mental health given limited resources |
| 3:15 - 3:30 pm | BREAK |
| 3:30 - 4:45 pm | Reflections on Today - Envisioning tomorrow |
| 4:45 - 5:00 pm | Closing Remarks / Evaluation |
| 5:00 - 6:00 pm | Networking Cocktail Party |

FOR MORE INFORMATION, PLEASE VISIT:
www.mch.berkeley.edu or (510) 642-1512

Registration Cost: \$ 95
CME's for Nurses & Physicians: \$ 25

(Registration includes Continental
Breakfast, Lunch & Cocktail hour)

