

Best Start LA Outcomes

1) Outcome: Strengthened attachment and bonding between members of families and children

- Potential Indicators:
 - Parents listen and attend to children's feelings and needs
 - Parents engage in activities that bring mutual enjoyment with their children
 - Parents know the stages of physical, cognitive, and social development of children
 - Improved socio-emotional wellbeing of child
 - Decreased incidence of maternal depression
 - Parents report use of more positive parenting techniques and less use of punitive parenting techniques
 - Decreased incidence of child abuse/neglect

2) Outcome: Increased ability and efforts of families to foster the developmental function of their children so that they are ready for school

- Potential Indicators:
 - Parents more accurately identify their children's learning patterns and learning needs
 - Parents engage their children in more language-rich activities
 - Parents create a developmentally appropriate environment for children that allows for movement, play, and creativity

3) Outcome: Strengthened ability of families to understand their child's cues and actively address their child's health, development, needs, and uniqueness's

- Potential Indicators:
 - Parents know the stages of physical, cognitive, and social development of children
 - Parents identify the consequences of nutritional decisions for developing fetuses, infants, and toddlers, particularly with regard to increased exclusive breastfeeding up to 6 months
 - Parents are more aware of and utilize resources and services to support the development of their children
 - Parents increase and apply their knowledge of accident prevention and safety precautions

- Parents report that basic needs of family (food, housing, transportation access) are met
- Parents model healthful behaviors for themselves and their children
- Parents engage less in risky behaviors such as substance use

4) Outcome: Strengthened personal and social relationships within and between families

- Potential Indicators:
 - Parents report spousal/other family members' support in child rearing and household duties
 - Parents report their spousal/other family members offer emotional support
 - Families report they learn from and support each other and/or seek advice from each other
 - Families report utilizing a support system of family, friends, and neighbors whom they can access when they need to
 - Parents report feeling lonely and/or isolated less often
 - Decreased incidence of maternal depression
 - Family-to-family and peer support opportunities are readily available in community clinics, parks and recreation programs, local markets, etc.

5) Outcome: Community resources will meet the needs of the community so that their usage is increased

- Potential Indicators:
 - Increased availability, accessibility, and/or responsiveness of neighborhood resources for families with young children within their neighborhood
 - Increased utilization of community resources by families with young children within their neighborhood

6) Outcome: Strengthened local community mobilization and advocacy

- Potential Indicators:
 - Identification of issues and active engagement of families, community members, and other stakeholders in community actions and advocacy efforts to improve health and well-being of BSLA population and/or improve their place-based services
 - Strengthened ability of individual leaders and stakeholders to represent and promote change in their respective organizations

- Increased collaborative relations and coordination among partners and other stakeholders
- Increase in financial resources secured through community fundraising, government, and foundation grants and contracts, and other private sector resources to implement the BS strategies
- Increased sense of belonging
- Community artwork is common and reflects the history and culture of the residents

7) Outcome: Improvements to home and community built environments to support optimal child development

- Potential Indicators:
 - Increased physical environments or areas within community that encourage the optimal development of young children through safe, clean, **and/or** stimulating environments

8) Outcome: Developed/improved policies that impact the P-5 population

- Potential Indicators:
 - Changes in city level policies that increase program support for young children and their families
 - Changes in local level private policies that increase program support for young children and their families (e.g., corporations, housing, health insurance companies, etc.)

9) Outcome: Increased capacity to meet the needs of families through improved workforce competencies in infant and toddler issues in five sectors (physical health, ECE, mental health, social services/child welfare, early intervention/special needs)

- Potential Indicators:
 - Agreement on core competencies
 - Development of training modules around core competencies
 - Number of training modules delivered around core competencies
 - Enhanced HV and collaborative lead entity staff performance due to training modules (pre and post)
 - Increased number of high quality professional staff in the five sectors

10) Outcome: Improvement in information and technology systems that support the common use of data and information for family access and support, community planning, and organizational efficiency

- Potential Indicators:
 - Increased availability and accessibility of individual and general information to families
 - Data system development and data sharing between Baby Registry and County Centralized Case Management system and other strategic data partners
 - Development of data infrastructure to facilitate evaluation of BS and community-developed outcomes
 - Increased capacity of communities to disseminate information to stakeholders